

November Lunch Menu

Stars Montessori Academy



Monday	Tuesday	Wednesday	Thursday	Friday
2 Orange Chicken and Rice Blueberry Muffins	3 Turkey Tacos with Corn and Salsa Cheese Cubes and Saltines	4 Baked Ziti with Mixed Veggies Raspberry and Oatmeal Bars	5 Healthy Sloppy Joes with Carrots Apple Sauce and Graham Crackers	6 Cheese Quesadillas with Cucumbers Pita Triangles with Hummus
9 All White Meat Chicken Tenders with Buttered Spaghetti Banana Muffins	10 Chicken Noodle Soup with Mixed Veggies Deli Meat, Cheese, and Saltines	11 	12 Chicken Fried Rice with Peas and Carrots Apple and Oatmeal Bars	13 Veggie Burgers on a Multigrain Bun Apples and Sunflower Butter
16 Grilled cheese sandwiches with carrots String Cheese and Cucumber	17 BBQ pulled pork sandwiches with sweet potato fries Blueberry Muffins	18 Turkey chili with corn Cheese Cubes and Saltines	19 Turkey tacos with lettuce, cheese, corn, and salsa Raspberry and Oatmeal Bars	20 Mushroom risotto with peas Apple Sauce and Graham Crackers
23 Chicken and Vegetable Potstickers Pita Triangles with Hummus	24 Turkey and cheese wraps with cucumbers Banana Muffins	25 	26 	27
30 English muffin pizza with celery Deli Meat, Cheese, and Saltines				

FRESH FRUIT IS SERVED EVERY DAY WITH LUNCH

